



WEST SENECA ATHLETICS 2023-2024

Interscholastic Athletics Grades 7-12

SUMMER WEIGHT ROOM

All incoming students (grades 7-12)
Weight rooms at each High School will be open

EAST SR – Mon-Thurs, June 26 to August 18, 2023
Hours: 8:00 am – 11:00 am

WEST SR – Mon – Thurs, June 26 to Aug 11, 2023
Hours: 7:00 am – 11:00 am

*Please set up your parent portal account
if you haven't done so already*

FALL 2023 SEASON

Registration (via Parent Portal) – Aug 1 to 11th ONLY
Physicals turned into the Athletic Office by Aug 11th

APP Request Deadline: August 1, 2023
(click link on right for info - testing the week of August 7th)

General Starting Dates (click on link at right for more details)

Aug 19 th Var & JV Football	Aug 24 th Mod Football
Aug 21 st Var & JV Other Sports	Aug 28 th Mod Other sports

WINTER 2023-24 SEASON

Registration (via Parent Portal) – Oct 23rd to Nov 3rd ONLY
Physicals from PMD to be turned into the School Nurse

APP Request Deadline: October 20, 2023
(click link on right for info- testing the week of October 30th)

General Starting Dates (click on link at right for more details)

Nov 13 th Var & JV Sports	Nov 20 th Modified Sports
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SPRING 2024 SEASON

Registration (via Parent Portal) – Feb 20th–March 1st ONLY
Physicals from PMD to be turned into the School Nurse

APP Request Deadline: February 16, 2024
(click link on right for info - testing week of February 26th)

General Starting Dates (click on link at right for more details)

March 11 th Var & JV Sports	March 18 th Modified Sports
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Office Information

Athletic Director:

Marisa Fallacaro-Dougherty
Email: mdougherty@wscschools.org

Secretary:

MaryKay Biddle
Email: mbiddle@wscschools.org

Location: East Middle School

Door 24 (in the circle)
24/7 accessible secure mailbox for
Athletics is on window by door #24

Office Phone: 716-677-3141

Office Fax: 716-677-3142

Important Links

[Athletic Homepage](#)

[Parent Portal Sign In](#)

[Athletic Placement Process \(APP\)](#)

[Physicals](#)

[Sport Schedules](#)

[Sport Offerings](#)

[Starting Dates / Information](#)

Athletic College Signing Dates

	<u>EAST</u>	<u>WEST</u>
Fall	11/15/23	11/16/23
Winter	2/7/24	2/8/24
Spring	4/17/24	4/18/24

submit [form](#) at least one week prior to date

Physical Dates - Summer 2023

August 8th and 10th
[BY APPOINTMENT ONLY](#)